MLive Media Group 169 Monroe Ave NW Suite 200 Grand Rapids, MI 49503



BUREAU OF PROFESSIONAL LICENSING, KERRY RYAN PRZYBYLO PO BOX 30670 LANSING, MI 48909

AD#: 0010860185

RECEIVED

MAY 22 2024

Sales Rep: Kathryn Young Account Number:1000635146

AD#: 0010860185

Remit Payment to: MLive Media Group Dept 77571 P.O. Box 77000 Detroit, MI 48277-0571

Page 1 of 3

Į	Date	Position	Description	P.O. Number	Ad Size	Costs
	05/16/2024	Any Legals MI		"Przybyło,	2 x 10.00 IN	
				Affidav	it Notary Fee - 05/16/2024	\$17.00

Basic Ad Charge - 05/16/2024 \$826,00 Total

\$843.00

FOR QUESTIONS CONCERNING THIS AFFIDAVIT, PLEASE CALL 616-254-2030 or 877-222-5423



Flint Journal

AD#: 0010860185

Total

\$843.00

State of Michigan,) ss County of Genesee)

Nancy Block being duly swom, deposes that he/she is principal clerk of MLive Media Group; that Flint Journal is a public newspaper published in the city of Flint, with general circulation in Genesee county, and this notice is an accurate and true copy of this notice as printed in said newspaper, was printed and published in the regular edition and issue of said newspaper on the following date(s): Flint Journal 05/16/2024

Principal Clerk of the Publisher

Sworn to and subscribed before me this 16th day of May 2024

Votary Public

Department of Licensing and Regulatory Affairs
Bureau of Professional Licensing

NOTICE OF PUBLIC HEARING

June 4, 2024 9:00 a.m. Location: 611 W. Ottawa Street, UL-5 Lansing, Michigan

The hearing is held to receive public comments on the following administrative rules:

Architects - General Rules (MOAHR #2023-047 LR)

Authority: MCL 339.308, 339.205, and 339.2009, and Executive Reorganization Nos. 1991-9, 1996-2, 2003-1 and 2011-4, MCL 338.3501, 445.2001, 445.2011, and 445.2030.

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Authority: MCL 333.16145; 333.16148, 333.16174, 333.16201, 333.16204, 333.16215, 333.16287, 333.17531, 333.17533, and 333.17548, and Executive Reorganization Nos. 1991-9, 1996-2, 2003-1 and 2011-4, MCL 338.3501, 445.2001, 445.2011, and 445.2030.

Overview: The proposed rules include; revisions to follow current drafting standards; removal of the prohibition on delegation of a drug or device individually, in combination, or in succession, for a woman known to be pregnant with the intention of causing either a miscarriage or fetal death; updates to accreditation standards; edits to decrease the number of allowed attempts to pass any level of the COMLEX-USA from six attempts to four attempts; removal of the requirement that an applicant shall successfully pass all steps of the COMLEX-USA, clarification of the period in which a licensee must request a waiver of continuing education; darification that a licensee who completes implicit bias training under R 338.7004 may also use that training toward fulfillment of continuing education requirements; and allowance of non-Accreditation Council for Continuing Medical Education (ACC-ME) accredited providers engaging in joint providership with ACCME accredited providers to qualify as acceptable providers of continuing education.

Professional Surveyors – General Rules (MOAHR #2023-049 LR)

Authority: MCL 339 308, 339 205, and 339 2009, and Executive Regranti-

TEASHA R. PAYNE
NOTARY PUBLIC, STATE OF MI
COUNTY OF MECOSTA
COMMISSION EXP FEB 24 2026
ACTING IN COUNTY OF MULTIPLE COUNTY OF



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The rules will take effect immediately upon filing with the Secretary of State, unless specified otherwise in the rules. Comments on the proposed rules may be presented in person at the public hearing. Written comments will also be accepted from date of publication until 5:00 p.m. on June 4, 2024, at the following address or e-mail

Department of Licensing and Regulatory Affairs Bureau of Professional Licensing - Boards and Committees Section P.O. Box 30670 Lansing, MI 48909-8170

Attention: Departmental Specialist Email: BPL-BoardSupport@michigan.gov

A copy of the proposed rules may be obtained by contacting Board Support at (517) 241-7500 or the email address noted above. Electronic copies also may be obtained at the following link:

Architects - General Rules

https://ars.apps.lara.state.mi.us/Transaction/RFRTransaction*TransactionID=1474

Osteopathic Medicine and Surgery - General Rules

https://crs.apps.lara.state.mi.us/Transaction/RFRTransaction@TransactionID=1463

Professional Surveyors - General Rules

https://ars.apps.lara.state.mi.us/Transaction/RFRTransaction?TransactionID=1476

To allow for broad public attendance and participation, including for persons with disabilities, members of the public may access this meeting by both web and phone and provide either oral or written comments. Closed captioning will be provided, when available. Members of the public who are speech or hearing impaired may also attend and participate in this meeting by dialing 7-1-1 and using the Michigan Relay service, More information about this service may be found at https://www.michigan.gov/mpsc/0.9535,7-395-93308-93325-93425-94040-94041-00.html.

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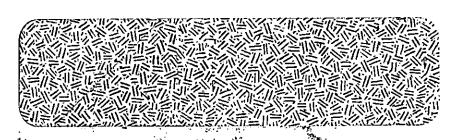
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REGULATORY COMPLIANCE DIVISION



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MLive Media Group 169 Monroe Ave NW Suite 200 Grand Rapids, MI 49503





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Affidavit Notary Fee - 05/16/2024 Basic Ad Charge - 05/16/2024

\$17.00 \$1,079.33

Total \$1,096.33

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MAY 22 2024

Grand Rapids Press

DEPARTMENT OF LICENSING & REQUILATORY AFFARS
BUREALLOF PROFESSIONALLICENSING
AD#: 0010860163

Total

\$1,096,33

State of Michigan,) ss

County of Kent and County of Ottawa)

Nancy Block being duly swom, deposes that he/she is principal clerk of MLive Media Group; that Grand Rapids Press is a public newspaper published in the city of Grand Rapids, with general circulation in Kent and Ottawa county, and this notice is an accurate and true copy of this notice as printed in said newspaper, was printed and published in the regular edition and issue of said newspaper on the following date(s):

Grand Rapids Press 05/16/2024

Principal Clerk of the Publisher

Sworn to and subscribed before me this 16th day of May 2024

ency Klack

Notary Public

TEASHA R. PAYNE

NOTARY PUBLIC, STATE OF MI

COUNTY OF MECOSTA

COMMISSION EXP FEB 24 2026

ACTING IN COUNTY OF

Department of Licensing and Regulatory Affairs
Bureau of Professional Licensing

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Overviews: The proposed rules include: revisions to follow current drafting standards; removal of the prohibition on delegation of a drug or device individually, in combination, or in succession, for a woman known to be pregnant with the intention of causing either a miscarriage or fetal death; updates to accreditation standards; edits to decrease the number of allowed attempts to pass any level of the COMLEXUSA from six attempts to four attempts; removal of the requirement that an applicant shall successfully pass all steps of the COMLEXUSA within seven years after the date the applicant first passed a step of the COMLEXUSA; clarification of the period in which a licensee must request a waiver of continuing education; clarification that a licensee who completes implicit bias training under R 338.7004 may also use that training toward fulfillment of continuing education requirements; and allowance of non-Accreditation Council for Continuing Medical Education (ACCME) accredited providers engaging in joint providership with ACCME accredited providers to qualify as acceptable providers of continuing education.

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MLive Media Group Nancy Block Plain Dealer Pub. Co. 4800 Tiedeman Road Brooklyn OH 44144



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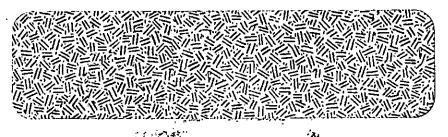
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MAY 22 2024

COMPLIANCE DIVISION PROTESSIONAL LICENSING & RECULATORITATIVE RECEIVED

MAY 20 2024

LARA



The Mining Journal

Upper Michigan's Largest Daily Newspaper 249 W. Washington St., Marquette, Michigan 49855. Phone (906)228-2500. Fax (906)228-3273. AFFIDAVIT OF PUBLICATION

STATE OF MICHIGAN

AFFIDAVIT OF PUBLICATION

For the County of: MARQUETTE

In the matter of: Notice of Public Hearing

Department of Licensing and Regulatory Affairs

Bureau of Professional Licensing

June 4, 2024

Size: 3 x 12

State of MICHIGAN, County of Marquette ss.

ANN TROUTMAN

being duly sworn, says that she is

PUBLISHER

of THE MINING JOURNAL

a newspaper published and circulated in said county and otherwise qualified according to Supreme Court Rule; that annexed hereto is a printed copy of a notice which was published in said newspaper on the following date, or dates, to-wit

May 3, 2024

ANN TROUTMAN

Subscribed and sworn to before me this 3rd day of May, 2024.

HOLLY GASMAN

Notary Public for MARQUETTE County, Michigan

Acting in the County of Marquette

My commission expires: May 25, 2025

Good Advice

Dear Annie

Daughter seeks support, not judgment, from mother

mother, who is now 62, has always been a dominant personality, keen on having things go her way. I'm 34, an independent graphic designer, and I pride myself on being self-sufficient and creative. But every time I share aspects of my life with her -- be it career choices, romantic partners or even smaller decisions like adopting a pet -- she critiques them, often unsolicitedly, making me second-guess my decisions. Her disapproval, which is always veiled as concern, is making me not want to be around

I'm starting to avoid sharing any personal news with her at all to



ANNIE LANE

dodge the inevitable criticism. I understand she might be doing this out of love, but it feels more controlling than caring. How can I communicate my need for support without her judgment? -- Struggling for Indepen-

Dear Struggling for Independence: It's clear you value both your independence and your relationship with your mother. Expressing your need for support rather than criticism is not only reasonable but necessary for a healthy adult relationship.

It might be time for a gentle but firm conversation. Let her know that while you appreciate her desire to help, what you need most from her is trust in your judgment. Setting boundaries is important; you might decide to limit what personal details you share if her responses continue to be unsupportive. This isn't to create distance but to protect the relationship you cherish with her. Remember, building a relationship based on mutual

respect and understanding is a two-way street, and it's OK to take the space you need to foster that.

Dear Annie: My friends and I are a group of four women who have known each other since elementary school. We reconnected at a high school reunion and became very close. We are all retired and travel, have lunch dates, and spend the nights together several times a year. There is one friend in the group who will not stop talking. She monopolizes every conversation and often tells the same story over and over again. Most of her stories are about her daughter and grandchildren. She does this in person and during telephone calls. When someone

else is talking, you can glance at her and tell she is ready to jump into the conversation and say how the same thing happened to her or her daughter. It's exhausting.

Other than that, she is a wonderful person. She would give you the shirt off her back and do anvthing for anybody. She is funny, kind and loving, and because of this, we have silently endured. We are planning a cruise next year and no one wants to room with her. We all hate confrontation and know she will be extremely hurt if we say something. Please help. What do we do? -- Exhausted

Dear Exhausted: It sounds like your friend doesn't realize how her behavior is impacting

the group. Have a private conversation with her, expressing your appreciation for her kindness and humor, but also share how the group feels overwhelmed by her dominance in conversations. A friendship that's endured as long as this one has can handle tough topics. Just remind her that you're all coming from a good place, and that, by confronting this together head-on, your friendship will hopefully only strengthen and grow.

EDITOR'S NOTE: "Ask Me Anything: A Year of Advice From Dear Annie" is out now! Annie Lane's debut book - featuring favorite columns on love, friendship, fam-ily and etiquette - is available as a paperback and e-book. Visit /www.creatorspublishing. com for more information. Send your questions for Annie Lane to dearannie@creators.com.

To Your Good Health

Red light treatments for neuropathy don't show much benefit

EAR DR. ROACH: I have neuropathy in my left foot. It feels very hot on the bottom. My neurologist thinks it is from my sugar level, but I got my A1C down from 6.2% to 5.6% and do not have neuropathy in my right foot. A friend said that he has had some relief with red light treatment, but he experiences tingling in his feet. Does red light have an effect with burning sensations? Are there any other options to consider for relief?

ANSWER: The most classic neuropathy in people with diabetes is a symmetrical polyneuropathy, which usually affects both feet and may later affect both hands. (It's possible you have this, and it just started on one side for some reason.) There are many other types of neuropathies, nearly all of which are more common in people with diabetes. Unfortunately, once diabetic neuropathy has started, controlling



DR. KEITH ROACH, MD

sugar levels does not make the condition go away, although it does help slow progression.

Medication for diabetic neuropathy is pretty effective at treating the pain and burning, but not as good for numbness and tingling. Red light treatment, also called monochromatic infrared energy, is provided by LEDs rather than lasers. In theory, the light can stimulate blood flow and reduce inflammation.

There have been many studies and two meta-analyses of published studies, and the results are mixed, with some studies showing benefit while others do not. Even the two different reviews came to different conclusions. What is clear is that there is a strong placebo response with this treatment. People who got a "sham" treatment (with a red light device that looked like the active device but did not provide the same type of infrared light energy) still noted improvement in symptoms. In the best-done studies, the difference between the actual red-light device and the red light bulb wasn't

significant. Being a conservative doctor, I won't recommend this therapy unless there is clear evidence of benefit from future studies. I will note that multiple burns have been reported, and government bodies have determined that red light treatment is not a reasonable and necessary treatment for diabetic or nondiabetic neuropathy.

DR. ROACH WRITES: A recent column on electroconvulsive therapy for severe depression generated many letters

(which I was expecting), all of which were favorable (which I was not expecting). Although there have been highly negative portrayals of this treatment in movies and books, many people who actually underwent the treatment, as well as their family members and caregivers, wrote me to say that their experience was "amazing."

One of my readers also alerted me to new research at University of California San Diego,

showing evidence that both electroconvulsive therapy and transcranial magnetic stimulation may work by restoring normal levels of cortical inhibition in the frontal lobes. The induced seizure activity relating to the treatment is responsible for the benefits seen through these therapies. It may be possible to achieve the same benefits with less-invasive treatments.

As a clinician who treats many patients

with severe depression, having new options for therapy would be very welcome, as the medications we have are not remotely 100% effective. In addition, psychological therapy, which is also very useful but seldom a complete cure, is not available for everyone.

EDITOR'S NOTE: Readers may email questions to ToYourGood-Health@med.cornell.edu or request an order form of available health newsletters or mail questions to P.O. Box 536475, Orlando, FL 32853-6475.

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ANNE RICE MARK TWAIN PEARL S. BUCK SAM SHEPARD ROBERT FROST HELEN KELLER RITA MAE BROWN

KNOWLEDGE GIVES SOCIETY THE POWER TO ADVANCE. PICK UP A NEWSPAPER.

LOUISA MAY ALCOTT EMILY DICKINSON

THEODORE WINTHROI

JOHN IRVING

Journal Journal 228-2500